



# BRAVE BOLD *Beautiful*

Celebrating the continuing legacy of Moving to End Sexual Assault (MESA)  
and introducing *Moving Beyond Trauma: Healing Mind, Body and Spirit*

**Thursday, April 5, 2018**  
**5:00pm – 7:30pm**  
Mental Health Partners  
1333 Iris Avenue, Boulder

*Thanks to our title sponsor,  
Elevations Credit Union*



**Join us for an evening full of multi-media experiences** to honor the evolution of advocacy against sexual assault and learn more about Mental Health Partners' new, innovative Moving Beyond Trauma treatment program.

**To learn more and RSVP:**

Visit: [movingtoendsexualassault.org/the-brave-bold-beautiful](http://movingtoendsexualassault.org/the-brave-bold-beautiful)

Email: [info@movingtoendsexualassault.org](mailto:info@movingtoendsexualassault.org)

Call: (303) 443-0400



**Moving Beyond Trauma**  
HEALING MIND, BODY AND SPIRIT  
a program of Mental Health Partners



**Mental Health  
PARTNERS**  
*Healthy minds, healthy lives, healthy communities*



## About Moving To End Sexual Assault:

Since 1972, Moving to End Sexual Assault (MESA) has served thousands of survivors of sexual violence, their friends, and families. It is the only rape crisis center in Boulder and Broomfield counties. MESA believes that every person has the right to live free of sexual assault, and is moving to end sexual assault by challenging all forms of oppression and violence. MESA supports victims with a 24- hour crisis and information hotline, legal advocacy, immediate medical support, therapy referrals, and provides prevention education in the community. For more information, visit: [www.movingtoendsexualassault.org](http://www.movingtoendsexualassault.org).

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## About Moving Beyond Trauma: Healing Mind, Body and Spirit:

To better serve survivors of sexual violence and all types of trauma, Moving Beyond Trauma: Healing Mind, Body and Spirit (MBT) was founded in 2017 by Mental Health Partners as a new center for holistic trauma treatment. MBT is led by national experts in trauma and resilience, with connections to a network of experts at the Substance Abuse and Mental Health Services Administration (SAMHSA), the National Child Traumatic Stress Network (NCTSN), and the University of Colorado. MBT's clinicians use various treatment modalities to serve children, families and adults. For more information, visit: [www.mhpcolorado.org/Services/Trauma-Center](http://www.mhpcolorado.org/Services/Trauma-Center)

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## About Mental Health Partners:

In alignment with our mission – Healing is our purpose. Help is our promise. Health is our passion. – Mental Health Partners (MHP) provides immediate access to expert mental health and substance use care so people can enjoy healthy and fulfilling lives. For more information or to access services, call (303) 443-8500 or visit [mhpcolorado.org](http://mhpcolorado.org). For emergency assistance with a mental health crisis, please call 1 (844) 493-TALK (8255), text TALK to 38255 or go directly to our 24/7 Walk-In Center at 3180 Airport Rd., Boulder, CO.