

Moving to End Sexual Assault

Resource Guide

2014



M·E·S·A
Moving to End Sexual Assault

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MESA PHONE NUMBERS

Hotline/Answering Service(303) 443-7300

MESA Office(303) 443-0400

MESA Counseling Office.(303) 443-0400 ext. 107

2366 Canyon Blvd. Suite 103, Boulder, CO 80302

1. ADOLESCENT AND CHILD SERVICES

Blue Sky Bridge	For sexually abused children ages 18 or younger and non-offending family members	(303) 444-1388 Boulder, CO
Boulder County Mental Health Center	Call for intake	(303) 443-8500 1333 Iris Ave. Boulder, CO
Boulder County Social Services	-Do not call social services w/o first getting supervision -For child welfare issues, will provide food/shelter vouchers	(303) 441-1240
Child Abuse Hotline	-Do not call social services without first getting supervision -24 hour reporting line for Dept. of Social Services. -Brief phone counseling for issues around the reporting of child abuse	(303) 441-1000
Medicine Horse Program	-Animal interaction therapy -Therapeutic programs for youth and families	(720) 406-7630
Voices for Children	-Contact: Marcia Kaplan -Services for neglected/abused children w/in the court system -Court appointment advocated to children	(303) 440-7059

2. COLLEGE STUDENT RESOURCES

2.1. University of Colorado Student Resources

CU-GLBT Resource Center	-Library and info center for students. -Lounge provides a safe haven -Offers mentors, and calendar of Boulder events -www.colorado.edu/GLBTRC	(303) 492-1377 227 Willard Hall, CU Boulder campus glbtrc@colorado.edu
CU Helpline	-Sun-Thurs: 7pm-12am -Fri & Sat from 9pm-2am -Provides phone counseling and referrals for CU students	(303) 449-5555 (303) 492-1000
CU Student Legal Services	-Provides services to CU students -Civil and criminal cases -Fees depend on services provided.	(303) 492-6813 1669 Euclid Ave, Boulder
CU Wardenburg Student Health	-Medical services for CU students, staff and faculty. -Provides forensic exams -testing for predatory drugs.	(303) 492-2081 Psychiatry: (303) 492-5654 Info:(303) 492-5101 Appt: (303) 492-5432
Metro State Counseling Services	-Provides counseling services for MSCD students, faculty and staff -Group counseling available	Crisis: (303) 724-1111 Counseling:(303) 556-3132 Health: (303) 556-2525
Office of Victim Assistance	-Provides help for students impacted by disturbing life events. - 8:00am – 5:00pm Mon - Fri	(303) 492-8855 Room 217, Willard Administrative Center
CU Counseling and Psychological Service	-For CU staff, faculty and students -Free assessment, referrals and 6 counseling sess. --Services provided by staff and interns	(303) 492-6766
University of Colorado Police		(303) 492-6666 1050 Regent Dr., Boulder

2.2. Metro State

Counseling Services	-Provides counseling services for MSCD students, faculty and staff -Group counseling is available	Crisis: (303) 724-1111 Counseling: (303) 556-3132 Health: (303) 556-2525
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2.3. Naropa Student Resources

On-campus counseling center		(303) 245-4697
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3. COUNSELING REFERRALS

Please, ask caller if they are in Boulder and want outpatient counseling to call the office for referrals. The following are for other counties.

3.1. Adult Service Organizations

Adams County Mental Health Center	-Provides counseling for mental health issues, along with a hotline that refers people to the right center for assistance. 24-Hour Crisis Line: (303) 853-3500	Brighton Office:(303) 853-3600 Commerce City: (303) 853-3456 Westminster: (303) 853-3661 Thornton North Huron Counseling Center: (303) 853-3654 Child/Family: (303) 853-3400 Thornton Gateway: (303) 853-3500
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Arapahoe/Douglas County Mental Health Network	24-Hour Hotline	(303) 795-6187
Boulder County Mental Health Center	Call for intake	(303) 443-8500
Boulder Emotional Wellness		(303) 225-2708 3434 47 th St #130. Boulder
CU Counseling and Psychological Services	-For CU staff, faculty and students only -Free assessment and referrals -Free short term counseling (six sessions) -Services provided by staff, interns, and practicum students	(303) 492-6766
Emergency Psychiatric Services (EPS)	-Crisis intervention, suicide Assessments, psychiatric Evaluations, referrals w/in the Mental Health Center and community	(303) 447-1665
Jefferson Center for Mental Health	Provides counseling services for residents of Jefferson County	(303) 425-0300 or (303) 420-6327 5265 Vance St., Arvada, CO 80002
Lafayette Mental Health Center		(303) 665-2670
Larimer County Mental Health Center		(970) 221-2114
Longmont Mental Health Center		(303) 684-0555
Mental Health Center of Denver	-Variety of centers located in Denver County (call to specific locations) -Provides basic counseling services and rehabilitation services, indiv., group -Serves adults, children and families	(303) 504-1250 Alternative number 8am-5pm: (303) 504-6500
Mental Health Partners Boulder	See EPS	
Metro State Counseling Services	-Provides counseling services for MSCD students, faculty and staff -Group counseling is available -Counseling Center: (303) 556-3132	Crisis Intervention:(303) 724-1111 Health Clinic:(303) 556-2525
North Range Behavioral Health	Located in Greeley	(303) 353-3686
Raimy Psychological Clinic	-Not just for CU students -Sliding scale (individual, group, couple, family, child therapy available) -Short and long term therapy -Therapists are graduate students supervised by faculty	(303) 492-5177
The Next Step	-Comprehensive addiction treatment programs, Intensive outpatient rehabilitation, Family focus and inclusion of family members, Insurance benefits may apply, Detoxification will be referred to a qualified agency	(303) 651-9200
TLC/Mapleton Center	-No sliding scale -Individual and group therapy for women -Works with PTSD, body image, substance abuse, eating disorders, behavioral disorders	(303) 441-0400

Wardenburg Student Health/Psych Services	-Provides referrals to Office of Victim Assistance -Crisis intervention and counseling available for students, staff and faculty	(303) 492- 2081 OVA: (303) 492-8855
WINGS	-Facilitated peer support group for survivors -Cost is \$5 per group session -Intake required -Groups for men and women	(303) 238-8660
Women's Wilderness Institute	-Offers outdoor programs for women survivors of sexual abuse and domestic violence -Offers programs to help teen girls develop a stronger sense of self and trust in others -Scholarships available	(303) 938-9191

3.2. Outpatient Hospitalization Programs

Colorado Recovery	-Community-based residential and intensive outpatient treatment and rehabilitation (adults w/ serious mental illness) -Operate an 8 bed residential treatment facility, w/ 24 hour staff supervision and a full-range of on-site psych services -Transitional services and support to clients who have recently moved into independent living, with an emphasis on getting clients back to work	(303) 440-5140
Connections	-Referral resource for <i>northern Colorado, including Ft. Collins</i> -Offers referrals for hospitalization programs, might also be able to offer services for eligible individuals	(970) 221-5551
CU Hospital Outpatient Psychiatric Services		(303) 724-1000 appts. (303) 724-1000 – referral specialist
Managed Adolescent Care (MAC)	-Private, for-profit org. Provide day treatment and intensive outpatient psych services for adolescents 12-18 y/o and families -Specializes in emotional & behavioral, ADHD and chemical dependency problems -Individualized and intensive outpatient treatment, partial hospitalization and on-site, licensed therapeutic school	(970) 266-1763 2160 W Drake Rd, Unit 1A, Fort Collins, CO 80526
Mapleton Center Boulder	-Treatment programs available for adults and adolescents experiencing mental health problems or are suffering from alcohol or drug dependency	24h helpline at (303) 441-0400 (303) 440-2273
Mountain Crest Behavioral Health	-Serves people with mental health (suicidal, adolescent or school problems, stress-related symptoms, depression and mood disorders, etc.) and substance abuse problems -Medical intervention with brief therapy sessions -Inpatient and outpatient programs, residential programs, partial/day treatment, medical detox for substance abuse, addictive disease programs, and crisis intervention -Emergency assessments are available 24/7	(970) 207-4800 / 1-800-523-1213 4601 Corbett Drive, Fort Collins, CO
University North Pavilion	-Infant, group therapy, evaluation, couples/family therapy, individual therapy, case management, medication management and 24-hour back up for crises - Infant psychology program, neuropsychiatry clinic, multi-systemic therapy, bipolar disorder track, intensive family therapy and anxiety disorder track	4455 East 12 th Avenue, A011-04, Denver CO 80220
Warner House	-Hospital alternative, serves up to 15 clients -medication, case management, psychotherapy, family therapy, living skills training, and life enriching groups -serves adults and older adults with acute psychotic problems who need treatment 24 hours/day	(303) 449-2217 2833 Broadway, Boulder CO

3.3. Substance Abuse Counseling

Alcoholics Anonymous	-Boulder County Central Office. Follow voice prompts -Support groups, 24 hour voice mail system	(303) 447-8201 www.bouldercountya.org
Island Grove Regional Treatment Center	-detoxification, residential, and outpatient services to adults, adolescents, and men or women primarily in Weld and Larimer Counties, and provides approved domestic violence and offender programs -provides a sliding fee scale for treatment costs	(970) 356-6664
Narcotics Anonymous	Groups offered in diff. areas	(303) 832-3784
Addiction Recovery Center (ARC)	Intake required	(303) 441-1275 Inpatient detox: (303) 441-1281 3450 N. Broadway, Boulder
Al-Anon	-For friends and families of alcoholics, Support groups, - 24-hour line	(303) 321-8788

3.4. Perpetrator Treatment Programs

Boulder Men's Center	-Abusive Men Exploring New Directions (AMEND) -Provides court ordered treatment to male perpetrators -Offers individual, group and couples therapy	(303) 444-8064
Stop It Now!	-Provides services to adults who are concerned about their own or others' sexualized behavior toward children	1 (888) PREVENT www.stopitnow.com
Victims Offender Reconciliation Program		(303) 442-6040

4. Disability Resources

Center for People with Disabilities	-Advocacy, rehabilitation, employment services, home health care, independent living skills training, head injury program, deaf services, older blind program, legal services, groups, community transitions, and peer support	(303) 442-8662 Longmont Office: (303) 772-3250
Domestic Violence Initiative	-Serves women with disabilities who are survivors of domestic violence	(303) 839-5510 1 (877) 839-5510 899 Logan St, Denver CO 80203
DOVE	-culturally appropriate and fully accessible services for Deaf, Deaf-Blind, and Hard-of-Hearing victims of sexual assault and domestic violence - 24-hr crisis intervention, info, referral, and advocacy	(303) 831-7874 (303) 831-7932 TTY
Special Transit	-Wheelchair accessible transport for those unable to use public or private transport in Boulder County	(303) 447-9636

5. Domestic Violence Resources

5.1. General Resources and Colorado and Boulder Resources

Alternatives to	-Located in Commerce City; has a shelter -Outreach Center: counseling and advocacy	(303) 289-4441
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Family Violence		
Colorado Coalition Against Domestic Violence		(303) 831-9632
Domestic Abuse Prevention Project	-Se habla Espanol -Boulder County	(303) 441-4725 1777 6 th St, Boulder
Denver Safehouse	-Services for ppl over 16 victims of DV - group and individual counseling, provided w/ a sliding scale -Refers victims of sexual assault to RAAP	(303) 830-6800 Adm: (303) 318-9959 Crisis:(303) 318-9989 1649 Downing St, Denver CO 80218
Longmont Coalition for Women in Crisis	-Indiv/group counseling and shelter (women and children) -sliding fee scale and services to those who cannot pay - legal advocacy at the Longmont Courthouse for restraining orders	(303) 772-4422 Outreach: (303) 772-0432
National Domestic Violence Hotline	-24 hr access from all states - victims and anyone calling on their behalf to provide crisis intervention, safety planning, inf. and referrals to all 50 states, Puerto Rico and the US Virgin Islands -Assistance available in English and Spanish w/access to more than 140 languages through interpreter services	1 (800) 799-SAFE (7233)
National Teen Dating Abuse Hotline	-24 hour helpline -Available to teens & parents -All calls may be anonymous	1 (866) 331-9474 www.loveisrespect.org
Safehouse Progressive Alliance for Nonviolence	-Works w/ domestic violence issues -Provides a restraining order clinic at the Justice Center (on Sixth and Canyon) in Boulder from 8am. to 12pm. Mon -Provides shelter for women	(303) 444-2424 Adm: (303) 449-8623 835 North St, Boulder CO 80304
Women in Crisis	-Prefer Jefferson County but will assist anyone -Shelter for battered women (\$10/day) and children (\$3) -Income based services -Limited counseling services for residents	24 Hour Crisis Line (303) 420-6752 P.O. Box 1586 Arvada

5.2. Domestic Violence Agencies by County:

County	Agency	Contact
Adams	Alternatives to Family Violence	(303) 289-4441
Alamosa	Tu Casa	(719) 589-2465
Arapahoe	Gateway Battered Women's Shelter	(303) 343-1851
Archuleta	Archuleta County Victim Assistance	(970) 264-9075
Archuleta	Alternative Horizons	(970) 247-9619
Baca	Domestic Safety Resource Center	(719) 336-HELP
Bent	Arkansas Valley Resource Center	(719) 456-6031
Boulder (Boulder, Lafayette, Louisville, Nederland)	Safehouse Progressive Alliance for Non-Violence	(303) 444-2424
Boulder (Northern Boulder, Longmont, Niwot, Hygiene)	Safe Shelter of St. Vrain Valley	(303) 772-4422
Chaffee	Alliance Against Domestic Abuse	1 (888) 823-1162
Cheyenne	Domestic Safety Resource Center	(719) 336-HELP
Clear Creek	Clear Creek County Advocates	(303) 569-3251 x 426 or (303) 852-5094
Conejos	Tu Casa	(719) 589-2465
Costilla	Tu Casa	(719) 589-2465
Crowley	Arkansas Valley Resource Center	(719) 267-8935
Custer	Family Crisis Services	(719) 275-2429

Delta (Northern Delta County)	Latimer House	(970) 241-6704
Delta	Tri County Resource Center	(970) 874-4941
Denver	VOA Brandon Center	(303) 620-9190
Denver	DOVE (Deaf abused women & children) TTY	(303) 831-7874
Denver	Colorado's Jewish Community Resource on Domestic Abuse	(303) 203-6511
Denver	Servicios de la Raza (English & Spanish)	(303) 458-7088
Dolores	Renew, Inc.	(970) 565-2100
Dolores	VOA Southwest Safehouse	(970) 259-5443
Douglas	Women's Crisis Center	(303) 688-8484
Eagle	The Resource Center of Eagle County	(970) 949-7086
Eagle (Western Eagle County)	Response Help for Battered Women	(970) 925-7233
El Paso	T.E.S.S.A. (Formally The Center for Prevention of Domestic Violence)	(719) 633-3819
Elbert	Women's Crisis Center	(303) 688-8484
Fremont (Western Fremont County)	Alliance Against Domestic Abuse	1 (888) 823-1162
Fremont	Family Crisis Services	(719) 275-2429
Gilpin	Women In Crisis	(303) 420-6752
Garfield	Advocate Safehouse Project	(970) 945-4439 or (970) 725-3412
Grand	Advocates Against Battering & Abuse	(970) 879-8888
Grand	Advocates: Victim Assistance Team	(970) 725-3412
Gunnison	Jubilee House	(970) 641-8000
Hinsdale (Northern Hinsdale County)	Jubilee House	(970) 641-8000
Hinsdale (Southern Hinsdale County)	Archuleta County Victim Assistance	(970) 264-9075
Huerfano	Advocates Against Domestic Assault	(719) 738-1600
Huerfano	Otherways	(719) 989-0536
Jefferson	Family Tree/Women In Crisis	(303) 420-6752
Jefferson	Park County Crisis Center	(303) 838-7176
Kiowa	Domestic Safety Resource Center	(719) 336-HELP
La Plata	Alternative Horizons	(970) 247-9619
La Plata	VOA Southwest Safehouse	(970) 259-5443
Lake	Advocates of Lake County, Inc	(719) 486-3530 or evenings (via sheriff) (719) 486-1249
Larimer (Southern Larimer County)	Alternatives to Violence	(970) 669-5150 or (970) 667-2151 (ask for advocate)
Larimer (Northern Larimer County)	Crossroads Safehouse	1 (888) 541-7233
Larimer (Estes Park)	Estes Valley Victim Advocates	(970) 586-4000
Las Animas	Advocates Against Domestic Assault	(719) 846-4357
Logan	Help for Abused Partners	(970) 522-2307
Meeker	Safehouse, Inc (contact sheriff, ask for advocate)	(970) 878-3131
Mesa	Latimer House	(970) 241-6704
Mineral (Southern Mineral County)	Archuleta County Victim Assistance	(970) 264-9075
Mineral	Tu Casa	(719) 589-2465
Moffat	Advocates Crisis Support Services	(970) 824-2400
Park	Park County Crisis Center	(303) 838-7176
Pitkin	Response Help for Battered Women	(970) 925-7233
Montezuma	Renew, Inc	(970) 565-2100
Montezuma	VOA Southwest Safehouse	(970) 259-5443
Montrose	Tri-County Resource Center	(970) 249-2486
Montrose (Western Montrose County)	San Miguel Resource Center	(970) 865-2273
Morgan	S.H.A.R.E.	(970) 867-4444

Ouray	Tri-County Resource Center	(970) 626-3777
Otero	Arkansas Valley Resource Center	(970) 925-SAFE
Prowers	Domestic Safety Resource Center	(719) 336-HELP
Pueblo	Pueblo YMCA Family Crisis Shelter	(719) 545-8195
Rio Grande	Tu Casa	(719) 589-2465
Routt	Advocates Against Battering & Abuse	(970) 879-8888
Saguache	Tu Casa	(719) 589-2465
San Juan	Alternative Horizons	(970) 247-9619
San Juan	VOA Southwest Safehouse	(970) 259-5443
San Miguel (Telluride/Norwood)	San Miguel Resource Center	(970) 728-5660
Sedgwick	Help for Abused Partners	(970) 522-2307
Southern Ute Reservation	Victim Services Program	(970) 563-0245
Southern Ute Reservation	Alternative Horizons	(970) 247-9619
Summit	Advocates for Victims of Assault	(970) 668-3906
Teller	T.E.S.S.A. (Formally The Center for Prevention of Domestic Violence)	(719) 633-3819
Washington	Rural Communities Resource Center	(970) 848-5441 or (970) 848-5441 after hours
Weld	A Woman's Place	(970) 356-4226
Yuma	Rural Communities Resource Center	(970) 848-5441

6. Hotlines

Blue Bench (Rape Crisis Hotline)	- services in Spanish, counselors for the hearing impaired, legal advocacy -Free and low cost counseling, individual and groups -Most Denver counties	24 H Hotline: (303) 322-7273 Main Office/Outreach: (303) 329-9922
Child Abuse Hotline	-Do not call without first getting supervision -24 Hour reporting line for Dept. of Social Services -Brief phone counseling around reporting of child abuse	1 (800) 4ACHILD Department of Social Services: (303) 441-1000
Colorado Antiviolence Project	www.coavp.org - direct client services: crisis intervention, information and referrals for LGBT victims of violence 24h	(303) 839-5204 Hotline: (303) 852-5094 1 (888) 557-4441
Denver Center for Crime Victims	- Services to victims of crime and crime prevention educ. All services are free and confidential -Information and referrals for counseling services, support groups, emergency services, and trauma information, as well as hotline services. -Serves elders, persons with disabilities, families, children, immigrants, etc.	(303) 894-8000 (English) (303) 718-8289 (Spanish)
DOVE	-Accessible services for Deaf, Deaf-Blind, and Hard-of-Hearing victims of sexual assault and domestic violence -24-hr crisis intervention, info and referral, and advocacy	(303) 831-7874 (303) 831-7932 TTY
Emergency Psychiatric Services (EPS)	-Crisis intervention, suicide assessments, psychiatric evaluations, referrals within the Mental Health Center and in the community	(303) 447-1665
National Domestic Violence Hotline	-24 hour access from all states -Available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, info and referrals to all 50 states, Puerto Rico & US Virgin Islands -Assistance is available in English and Spanish with access to more than 140 languages through interpreter services	1 (800) 799-SAFE (7233)

National Human Trafficking Resource	<ul style="list-style-type: none"> • Toll-free hotline, 24/7 in several languages • US Department of Health and Human Services program; Service provisions to victims, victim identification, and public awareness campaign • Info and resources to victims, accept tips from individuals wishing to provide info about possible victims, makes referrals to assist victims with counseling, case management, legal advice 	1 (888) 373-7888
National Suicide Hotlines	National Suicide Prevention Lifeline: 1 (800) 273-TALK (8255)	National Hopeline Network: 1 (800) SUICIDE (784-2433)
Polaris Project	<ul style="list-style-type: none"> - 4 toll-free, 24-h hotlines in English, Spanish, Korean -Provides direct services, emergency shelter, and referrals for survivors of human trafficking -Mainly serves the greater Washington DC area 	English: (888) 229-3339 Korean:(888)9-POLARIS (or (888) 976-5274) Spanish: (888)80-AYUDA National Hotline English: 1 (866) US-TIPLINE or 1 (866) 878-4754)
RAINN – Rape, Abuse and Incest National Network	<ul style="list-style-type: none"> -Forwards callers to their closest rape crisis hotline -Confidential support available 24/7 	1 (800) 656-4673 www.rainn.org
SAFE Alternatives (Self Abuse Finally Ends)	<ul style="list-style-type: none"> -Professional network and educational resource base to help achieve an end to self-injurious behavior -Offers inpatient program 	1 (800) DONTCUT (366-8288)
Stalking Hotline	-Services for victims of stalking	1 (866) 689-4357
Stop It Now!	-Services to adults who are concerned about their own or others' sexualized behavior toward children	1 (888) PREVENT www.stopitnow.com
The Bias Incident Hotline	<ul style="list-style-type: none"> -Hotline for hate crime and bias-related incidences -Phone support, resources, advocacy anon. reporting 	(720) 936-0555

7. Legal Assistance

Boulder County Legal Services	<ul style="list-style-type: none"> -Legal services in civil cases on a sliding scale -to residents and non-residents who have filed a case in Boulder County -people must meet low income requirement -Must come into office for intake 	(303) 449-7575 315 W. South Boulder Rd, Suite 205 Louisville CO 80027-1156
Colorado Legal Services		(303) 837-1321
District Attorney's Victim Witness Program	-Legal advocacy for victims of crimes after the defendant has been arrested	(303) 441-3730
Jail Bonding	Will give the victim the following information about the defendant: arrest status, whether or not the defendant has bonded out, date of release, whether or not the perpetrator is in custody, and amount of bond <ul style="list-style-type: none"> -Client will need to know name of defendant 	(303) 441-4650
CU Student Legal Services	<ul style="list-style-type: none"> -Services to CU students only -Civil and criminal cases -Fees depend on services provided 	(303) 492-6813

Victims' Compensation Board of Boulder County	-Client must submit application for assistance, -For approval, crime must be reported to police victim must cooperate with investigation -May provide financial assistance for forensic exam, mental health services, self defense courses, personal items lost in crime	(303) 441-3700
Victim Justice Initiative		(303) 413-8300

8. Lesbian, Gay, Bisexual, Transgendered, Queer, Questioning and Intersex Resources

Boulder Pride	-Open to anyone wanting a safe environment -5 groups meet weekly (a women's group, a men's group, parents of transgender youth group, a transgender group) -8-15 people at each of the group meetings	(303) 499-5777 www.boulderpride.org
Colorado Antiviolence Project	- crisis intervention, info and referrals for LGBT victims of violence 24 hours/day	(303) 839-5204 www.coavp.org
CU-GLBT Resource Center	-Library and information center for students -Offers lounge to provide safe haven for students, mentors, a newsletter, and a calendar of Boulder events	(303) 492-1377 e-mail: glbtrc@colorado.edu located at 227 Willard Hall on the CU Boulder campus
OASOS (Open Affirming Sexual Orientation Support)	-Works with people aged 20 and under -Provides crisis counseling, referrals, and support groups	(303) 413-7504 Alternative Number: (303) 678-6139
PFLAG Boulder	-PFLAG Boulder is one of over 460 affiliates of Parents, Families and Friends of Lesbians and Gays.	(303) 444-8164 http://members.tde.com/pflag/bldr/

9. Medical Services

Avista Adventist Hospital Emergency Room	-Provides any emergency medical treatment necessary	(303) 673-1000 Emergency: (303) 673-1111 100 Health Park Dr. Louisville
Boulder Community Foothills Hospital		(720) 854-7000 4747 Arapahoe Ave Boulder
Boulder Community Hospital		(303) 440-2273 Emergency (303) 440-2037 1100 Balsam Ave. Boulder
Boulder Community Hospital Community Medical Center	-Urgent Care 7am -11pm 365 days/year -Emergency contraception, -Emergency medical care, -Costs less than an ER visit	(303) 666-4357 1000 W. South Boulder Road Boulder CO
Boulder County AIDS Project	-Offers support group	(303) 444-6121
Boulder County Health Department	-Confidential HIV, STI testing and some treatment available	(303) 441-1100 3450 Broadway, Boulder, Longmont: (303)678-6166 529 Coffman St. Longmont

Boulder Valley Women's Health	-OB/GYN services, abortions, confidential HIV/ STD testing, Emergency Contraception, Spanish speaking services - *Sliding scale available for some clients -Teen Clinic: confidential no-cost medical services to teens of both genders.Tues. from 4-7pm. And Sat. from 1-6pm	(303) 442-5160 2855 Valmont, Boulder, CO
Children's Hospital	- forensic exams for children (under 13) - any emergency treatment necessary	Emergency: (720) 777-1234 13123 East 16 th Ave, Aurora
Clinica Campesina	- Bilingual/Bicultural/Spanish Staff - *Low income sliding scale -Family Practice and OB/GYN services -HIV, STD testing and some treatment -Limited counseling	(303) 665-9310 2000 W. S Boulder Road Lafayette, CO 80045
CU Wardenburg Student Health	-Medical services for students, staff faculty -Forensic exams, testing "date rape" drugs -Open 8am-6pm [winter] 8am-5pm [spring/summer] closed Sundays	(303) 492-2081 Appt: (303) 492-5432 Psychiatry: (303) 492-5654 Information: (303) 492-5101
Longmont United Hospital		(303) 651-5111 ER: (303) 651-5000 TDD Line: (303) 651-5170 1950 Mountain View Longmont 80501
Medical Center of the Rockies	-SANE Exams	(970) 624-2500 2500 Rocky Mountain Ave Loveland, 80538
Planned Parenthood	-Limited OB/GYN services -Emergency contraception, confidential HIV/STD testing, and some treatment available	(303) 447-1040 2434 Arapahoe Ave. Boulder Office:(303) 772-3600 195 S. Main St #8 Longmont
Salud Clinic	- Bicultural/Spanish services available - *Sliding scale available -Confidential HIV/STD testing -Medical treatment for adults and children	(303) 776-3250 231 E. 9 th Avenue Longmont 80501
San Juan People's Clinic	- Bilingual/ Bicultural services for Spanish - *Sliding scale available -Confidential HIV/STD testing -Low cost pregnancy testing	(303) 449-6050 3303 N. Broadway Boulder,
St. Anthony's North	-emergency medical treatment, including forensic exams -This is where we will primarily respond -SANE Exams	(303) 426-2151 2251 W. 84 th Ave Westminster, CO 80031

10. Police Departments

For all emergencies please dial 911

Boulder City Police	(303) 441-3333	1805 33 rd St. Boulder, CO 80301
Boulder County Sheriff's Office	(303) 441-3600 Non-emergencies: (303) 441-4444	Justice Center 1777 Sixth Street Boulder, CO 80020
Broomfield Police Department	(303) 438-6400	7 Descombes Drive Broomfield 80020
Denver Police Department	(720) 913-2000	
Erie Police Department	(303) 926-2800	645 Holbrook Erie, CO 80026
Lafayette Police	(303) 665-5571	1290 S. Public Road Lafayette, CO 80026

Longmont Police	(303) 651-8501	225 Kimbark St. Longmont, CO 80501
Louisville Police	(303) 666-6531	749 Main Street Louisville, CO 80027
Nederland Police	(303) 258-3250	51 Westl 1 st St. Nederland, CO 80466
University of Colorado Police	(303) 492-6666	1050 Regent Drive Boulder, CO 80309

11. Sexual Assault Resources

11.1. Sexual Assault Resources General:

Colorado Coalition Against Sexual Assault		(303) 861-7033
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11.2. Sexual Assault Agencies by County:

Logan, Sedgwick, Phillips, Yuma, Washington, Morgan and Kit Carson County	High Plains Sexual Assault Center	1 (800) 522-6484
Pueblo County	Pueblo Rape Crisis Services	(719) 549-0549
Denver, Jefferson, Douglas, Adams, Arapahoe, Elbert and Lincoln County	Rape Assistance and Awareness Program (RAAP)	(303) 322-7273
La Plata, San Juan and Archuleta County	Sexual Assault Services Organization (SASO)	(970) 247-5400
Weld County	Sexual Assault Survivors (SASI)	(970) 352-7273
Larimer and Jackson County	Sexual Assault Victim Advocate Team (SAVA)	(970) 472-4200

11.3. Sexual Assault Male Survivors

Male Survivor	A national organization against male sexual victimization	www.malesurvivor.org
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11.4. Dual Sexual Assault/Domestic Violence Agencies by County:

Garfield	Advocate Safehouse Project	(970) 285-0209
Moffat	Advocates – Crisis Support Services	(970) 824-2400
Grand	Advocates – Victim Assistance Team	(970) 725-3412
Routt	Advocates Against Battering and Abuse	(970) 879-8888
Summit	Advocates for Victims of Assault, Inc	(970) 668-3906
Lake	Advocates of Lake County, Inc	(719) 486-1249
Chaffee and west Fremont	Alliance Against Domestic Abuse	(719) 539-7347
La Plata and San Juan	Alternative Horizons	(970) 247-9619
Adams	Alternatives for Family Violence	(303) 289-4441
Southern Larimer	Alternatives to Violence, Inc	(970) 667-2151
Otero, Bent and Crowley	Arkansas Valley Resource Center	(719) 384-7764
Clear Creek	Clear Creek County Advocates	(303) 569-3126
Denver Metro	Denver Center for Crime Victims	(303) 894-8000
Cheyenne, Prowers, Baca and Kiowa	Domestic Safety Resource Center	1 (800) 639-4895
Jefferson	Family Tree	(303) 420-6752
Mesa	Latimer House Counseling and Advocacy	(970) 241-6704

Montezuma and Dolores	Renew, Inc.	(970) 565-2100
Eagle	Resource Center of Eagle County	(970) 949-7086
Pitkin and western Eagle	Response	(970) 925-7233
San Miguel	San Miguel Resource Center	(970) 728-5660
Delta, Montrose & Ouray	Tri-County Resource Center	(970) 249-2486
El Paso and Teller	Trust, Education, Safety, Support and Action (TESSA)	(719) 633-3819

11.5. Human Trafficking

National Human Trafficking Resource Center	<ul style="list-style-type: none"> • Toll-free hotline, 24/7 in several languages • US Department of Health and Human Services program; Service provisions to victims, victim identification, and public awareness campaign • Info and resources to victims, accept tips from individuals wishing to provide info about possible victims, makes referrals to assist victims with counseling, case management, legal advice 	1 (888) 373-7888
Polaris Project	<ul style="list-style-type: none"> - 4 toll-free, 24-hour hotlines in English, Spanish, and Korean. -Provides direct services, emergency shelter, and referrals for survivors of human trafficking -Mainly serves the greater Washington DC area 	English: 1 (888) 229-3339 Korean: 1 (888) 9-POLARIS (or 1 (888) 976-5274) Spanish: 1 (888) 80-AYUDA National Hotline English: 1 (866) US-TIPLINE or 1 (866) 878-4754
RAAP (Rape Assistance and Awareness Program)	<ul style="list-style-type: none"> -Offers services in Spanish, counselors for the hearing impaired, free and low cost counseling (individual and group), legal advocacy -Most Denver counties 	24 Hour Hotline: (303) 322-7273 Main Office/Outreach: (303) 329-9922
RAINN (Rape, Abuse, and Incest National Network)	<ul style="list-style-type: none"> -Forwards callers to their closest crisis hotline -Available 24/7, confidential -Online hotline available during certain hours 	1 (800) 656-4673 www.rainn.org
TESSA	<ul style="list-style-type: none"> -Services El Paso and Teller Counties (Colorado Springs) -Provides services to victims of both domestic violence and sexual assault 	(719) 633-3819

12. Shelter Resources

Alternatives to Family Violence	<ul style="list-style-type: none"> -Located in Commerce City -Outreach Center provides counseling and advocacy -Has a shelter 	(303) 289-4441
Boulder County Homeless Shelter	<ul style="list-style-type: none"> -Call for hours and availability -Will not take severely intoxicated individuals -Fills up quickly 	(303) 442-4646 4869 N. Broadway Boulder, CO 80304
Emergency Family Assistance Association/Echo House	<ul style="list-style-type: none"> -Client must go through an intake and meet with caseworker -Provides motel vouchers -Sometimes will give vouchers for transportation and food -Has emergency housing for families with children 	(303) 442-3042
Safe Shelter of St. Vrain Valley	<ul style="list-style-type: none"> -Individual/group counseling (women & children) -Sliding fee scale and services, legal advocacy at the Longmont Courthouse for restraining orders - shelter for women and children in DV 	Crisis Line: (303) 772-4422 Outreach: (303) 772-0432 Longmont

Safehouse Progressive Alliance for Nonviolence	- shelter to women have been in DV -Services Boulder	Crisis Line: (303) 444-2424 Adm.: (303) 449-8623
Department of Social Services	-Do not call without first getting supervision -If there are child welfare issues they will provide vouchers for food, shelter	(303) 441-1000
Shelter Hotline	-Referrals for various types of shelter	(303) 296-9090 Monday through Friday 8am – 5pm: (303) 561-2222
Women in Crisis	-Prefers Jefferson County residents, will assist anyone -Shelter for battered women (\$10/day) and children (\$3/day); income based services	Crisis Line: (303) 420-6752 P.O. Box 1586 Arvada CO

13. Support Groups

Children Addressing Perpetrator & Victim Issues (BCAPVI)	-Children 9-12 years	(303) 420-8080 6700 W. 44 th Avenue, RM BB, Wheat Ridge, CO
ChildSafe	-Groups for victims, perpetrators, and family members of all ages -Many payment options	(970) 493-3833 1037 Robertson Street Fort Collins, CO
Non Offending Parent Counseling Group	Allison Brittsan, MA, LPC (303) 643-8407 Jeff Kindig, MA, LPC (303) 646-0556	
Recovering Sex Offenders Anonymous	-Call for meeting times and locations	(303) 427-0176
Senior to Senior	-Longmont senior services	(303) 651-8481
Sexual Abuse Survivors Group	Sherri Wand, LCSW Ongoing group for adults -Many insurances accepted	(303) 430-0512 8471 Turnpike Drive, 110 Westminster
Survivors of Incest Anonymous	-Call for meeting times and locations -Co-ed, ongoing group, free	(720) 272-9632
WINGS	-Facilitated peer support group for incest survivors -Cost is \$5 per group session -Intake required, groups for men and women	(303) 238-8660 1 (800) 373-8671
Women's Sexual Abuse Recovery Group	-Ongoing group for adult females -Most insurance accepted	(303) 393-8794 www.drclairekaram.com 425 S.Cherry Street 140 Denver

14. Victim Witness Programs

Adams County Victim Witness	(303) 659-7735
Arapahoe County Victim Witness	(303) 441-3730
Boulder County Victim Witness	(303) 441-3700
Broomfield Victim Services	(303) 438-6429 / (303) 438-6478
Denver/Adams County Victim Witness	(303) 659-7735
Jefferson County DA/Victim Witness	(303) 271-6800
Larimer County Victim Witness	(970) 498-7285
Weld County Victim Witness	(970) 356-4010 ext 4747

15. Websites

These websites provide information about sexual assault and trauma

- www.trauma-pages.com
- www.vawnet.org
- www.nsvrc.org
- www.calcasa.org
- www.mincava.umn.edu (Minnesota site)

16. Driving Directions

These directions are assuming you are coming from Boulder. If you are not, please call for directions

Avista Hospital Emergency Room (303) 673-1000

- From Boulder take Hwy. 36 East and exit at the Louisville/Superior exit
- Turn left onto McCaslin Blvd.
- Turn right onto Dillon Rd.
- Turn left onto South 88th and right onto Health Park Dr.
- Follow drive to end and you will see the hospital parking lot
- 100 Health Drive

Boulder City Police Department (303) 441-3333

- From Arapahoe Ave. turn west onto 33rd Street
- 1805 33rd St.

Boulder Community Hospital Emergency Room (303) 440-2037

- From downtown Boulder go North on Broadway until you reach Balsam Ave
- Turn left onto Balsam Ave
- Go 1/2 block to parking lot and turn left
- 1100 Balsam Avenue

Boulder County Sheriff's Department (303) 441-4444

- Located inside the Criminal Justice Center
- Take Canyon west to Sixth Street
- The Criminal Justice Center is located on the corner of Canyon and Sixth
- 1777 Sixth Street

Lafayette Police Department (303) 665-5571

- From Boulder take Table Mesa to Lafayette (once outside Boulder the name changes to South Boulder Road)
- The police department is on the corner of South Boulder Road and S. Public Rd
- 1290 S. Public Road

Longmont Police Department (303) 651-8555

- From Boulder take Diagonal (Hwy. 119) until it ends at Main St.
- Turn left onto Main St.
- Turn right onto 3rd Ave. and go one block to Kimbark St.
- Turn right onto Kimbark St. and into the police station parking lot
- 225 Kimbark St.

Longmont United Hospital (303) 651-5111

- From Boulder take Diagonal (Hwy 119) into Longmont
- Turn left onto Hover Rd.
- Pass Twin Peaks Mall.
- Follow Hover Rd. until you see Mountain View Ave.
- Turn right onto Mountain View Ave.
- Go 3 blocks and hospital is on the left
- 1950 Mountain View Ave.

Louisville Police Department (303) 666-6531

- Take Table Mesa into Louisville (once outside Boulder, it is named South Boulder Road)
- Take South Boulder Road to Main St. It is just before the railroad tracks
- Turn right onto Main St.
- The police station is on the corner of Main St. and Spruce on the left
- 749 Main St.

St. Anthony's North Hospital (303) 426-2151

- **Take Highway 36 East**
- **Exit on Federal Blvd. heading north**
- **Turn right on West 84th Ave. Hospital is on the left side (north)**
- **Emergency Room is at the rear of the hospital (north side)**
- **2251 West 84th Ave.**

University of Colorado Police Department (303) 492-6666

- Take Broadway to the University of Colorado campus
- Turn east onto Regent Drive
- Last building on the left side of Regent Drive
- 1050 Regent Drive

Wardenburg Student Health Center (303) 492-2081

- Take Broadway to the University of Colorado Campus
- Turn east onto Euclid Avenue
- Go one block to 18th St
- Turn right on 18th St.
- Go 1/2 block, Wardenburg will be on the left side of 18th St.